

# Ponle Freno Badalona - 10K

26-04-2026

## Miguel Carlosama Montaluisa

**Temps Oficial**

**0:45:19**

**Temps Real**

**0:45:11**

**Dorsal**

644

**Sexe**

M

**Categoria**

M

**Pos General**

180

**Pos Sexe**

166

**Pos Cat**

166

k5

0:22:09

10000m

0:45:11