

# Ponle Freno Badalona - 10K

26-04-2026

## Manel Delgado Marquez

**Temps Oficial**

**0:51:07**

**Temps Real**

**0:50:32**

**Dorsal**

218

**Sexe**

M

**Categoria**

M

**Pos General**

388

**Pos Sexe**

351

**Pos Cat**

351

k5

0:24:32

10000m

0:50:32