

# Ponle Freno Badalona - 10K

26-04-2026

## Diego Lao Tebar

**Temps Oficial**

**0:45:49**

**Temps Real**

**0:45:35**

**Dorsal**

477

**Sexe**

M

**Categoria**

M

**Pos General**

193

**Pos Sexe**

179

**Pos Cat**

179

k5

0:22:06

10000m

0:45:35